

About Us:

Evergreen Counseling is a boutique, trauma-informed therapy center located in the heart of downtown Berkeley in the historic Wells Fargo building. Proudly serving clients all over California, our highly seasoned therapists are all trauma-informed and certified in multiple, evidence-based trauma treatment techniques. We provide specialized care for individual adults, adult couples, teens, and families, 7 days a week from 7am - 8pm.

Services Offered:

- Individual adolescent therapy (age 12+)
- Individual adult therapy
- Family therapy
- EMDR therapy (regular, adjunct or intensive)
- Parent counseling

Clinical Issues Treated:

- Relational Trauma
- C-PTSD
- PTSD

- Medical trauma
- Pre- and Post-Natal Trauma
- Birth Trauma

- First Gen Trauma
- Betraval Trauma
- First Responder Trauma
 - Military Trauma
- Racial Trauma
- Childhood Trauma
- <u>Attachment Trauma</u>
- Sexual Trauma
- Substance Use/Abuse

- Eating Disorders
- **Emotional Abuse**
- Gaslighting

- Narcissistic Abuse
- Relationship Strain

Aia Johnson AMFT



Charis Stiles LCSW



Emma Leighton AMFT



Stephen Duraney LPCC



LCSW



Clare Chi AMFT

Emma Neville

AMFT





Jonathan Wolfrum LMFT



Annie Wright LMFT



Debby Liang LMFT

Miriam Campion

LCSW





Smita Kapoor DMFT



Clients can either call us or text us at 510-373-2723 or book a full first therapy session online with their provider of choice and/or book a complimentary 20-minute matching call with our center's clinical coordinator to get matched with the bestfitting therapist for their situation.

We *quarantee* that if we're not the best clinical fit or if someone can't make the hours and days we have open, we'll always provide referrals.

> We're open 7 days a week from 8am – 8pm.

We can conduct therapy in Spanish and Hindi.

We're wheelchair accessible.

We provide in-person and online video counseling.

We're LGBTQIA+ affirmative and welcome all clients from all walks of life.





Andrés Salerno LMFT

Meet Our Team:



Daniele Svingos,



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- C-PTSD
- PTSD
- Complex Trauma
- **Religious** Trauma
- Medical trauma
- Pre- and Post-Natal Trauma
- Birth Trauma

- First Gen Trauma
- Betrayal Trauma
- First Responder Trauma •
- Military Trauma
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Meet Our Team:

Andrés Salerno

LMFT





Aja Johnson AMFT





Charis Stiles LCSW



LCSW











Elissa Crandall LMFT





Smita Kapoor DMFT



Beth Hermosillo

LMFT



Tina Larson LPCC

How To Work

With Us:

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